

Twin Rivers Paddle Club
www.twinriverspaddleclub.org



CRAVEN COUNTY ADMINISTRATION OFFICES
406 Craven Street, New Bern, NC

MEETING MINUTES
January 10, 2017

7:00pm Thom Wilson called the meeting to order and welcomed all in attendance. 22 members were present.

President: Thom Wilson welcomed new members and those re-joining. He passed out the schedule of paddles that has been proposed, for discussion later in the meeting. All members present introduced themselves to the new members.

Vice President: Carolyn Borgert did not have anything new to report.

Treasurer: Bill Sadler reported that our current bank balance is \$2,600.92. We currently have 67 members as of January 10th, however this is normal for the New Year. That number will increase significantly by March as people get their renewals in.

Secretary: Corinne Everett Belch did not have anything to report as there were no formal minutes from our December planning meeting and gathering. She did mention that she is now the Director of Development for Sound Rivers, the organization which supports the Neuse and Tar-Pamlico Riverkeepers.

Communications Report: Chuck Kimball mentioned that the new website should be up and running shortly, most likely for the February meeting.

Craven County Parks and Recreation: Mark Seymour mentioned the Beginner's Kayak Class which will take place on April 13, 20, 27, May 4 from 5:30pm to 7pm. The class is capped at 10 people, the cost is \$50 per person; for more information contact Mark at (252) 636-6606 or mseymour@cravencountync.gov.

Past Paddles

- 1/1/2017 - New Year's Day Paddle
 - The champagne for after the paddle was a great idea!
 - About 25 paddlers attended, more gathered to watch on shore

- 12/9/2016 – Some TRPC Members went to the Oriental, NC Kayak Flotilla
 - 19 kayaks decorated

Upcoming paddles:

It has been too cold! Several pick-up paddles were mentioned; organizers will email the group.

New Business:

Terry Rich mentioned the **Rescue Class March 30th at the YMCA**. You'll need to register with Terry beforehand, he will email the list directly so you can respond as either participant or volunteer. You don't have to be in the water – you can also learn by watching.

Terry Rich also said he will **need volunteers to assist with the Craven County Beginner Kayak Class** (see details on that above) on April 13 and 20; volunteers will help carry boats.

Thom Wilson went over the **list of scheduled paddles**, several changes were made to dates and locations. Thom will edit the list and it will be up on the new website.

Thom Wilson mentioned that **we have been approached to help run (and help fund) a boat race** during Mumfest. After discussion, Thom suggested that our participation would be in support as racers, and we could offer a small donation as a club.

Safety & Training:

Terry Rich, Safety Officer, spoke about what you can do when it is too cold to paddle!

- Watch instructional videos on various rescues and paddle techniques – you can find these at the local library and on YouTube – or read books on the subject.
- Go over your gear! Check batteries, check your first-aid kit, go through your bailout bag (have your clothes mildewed?)
- Review or take a CPR course; one thing to remember in the winter is CPR technique is different if victim has hypothermia.
- Check your boat, tighten screws and bolts, seal any cracks
- Take care of your body
 - Find and do exercises for your rotor cuff (frequently injured body part)
 - Take a yoga class
 - Strengthen your core
- Attend a Rescue Class such as ours at the YMCA March 30th 5:30pm – 8:30pm

8:00pm, Meeting adjourned
Corinne Everett Belch, Secretary