

Beginner Kayak Classes

4 Consecutive Thursdays beginning April 13th through May 4th, 2017

This series of four classes is designed to introduce the beginner or those interested in getting a solid foundation into the various skills and equipment needed to safely participate in kayaking. It will be held on four consecutive Thursdays (weather pending) from 5:30 pm to 7:00 pm.

*The cost for the entire series is \$50.00 and reservations are to be made with Mark Seymour at the **Craven County Recreation Department** (Phone #252 636-6606)*

We will meet at Creekside Park for our classes and practice on Brice's Creek located at the back of Creekside Park. Follow the park service road into the Creekside Park to the parking area and shelter at the end of the road.

Kayaks, paddles & P.F.D.s (life jackets) are provided but you are welcome to bring your own gear.

****Our first class will lay the groundwork with an "ON LAND PRACTICE". Participants will not need to bring any gear or dress for paddling on our first class.*** We will discuss various kayak transport methods, carrying techniques, entry & exiting the kayak, paddles, gear and features to consider when purchasing your kayak. We will also discuss safety issues and practice some control strokes.

*Our 2nd and 3rd classes will cover the application of control strokes **on the water so dress appropriately for the possibility of getting wet.** We will also practice bracing & edging. If time allows we will **demonstrate** some rescue techniques (towing, T-rescue, Cowboy reentry & rolling).*

Our 4th and final class will be a short paddle trip up Brice's Creek to the NC Wildlife Landing w/ opportunities to polish up on some of our skills.

Participants will receive the option of joining the Twin Rivers Paddle Club free of charge for the remainder of the calendar year.

Class facilitators will be Terry Rich, Becki Rich & John Burt

****Non participant club members are welcome to attend and volunteers are needed to assist with on-water classes!!!***